# May/June 2025 NEWSLETTER



# FROM THE ED'S OFFICE

Hello WFRC Families.

The warm (and sometimes rainy) weather has finally reached us here in southern MB, and I hope you are enjoying it as much as I am!

Spring is a busy season for us at WFRC, not only do we have our spring programs coming up, but we are in the midst of planning our biggest fundraiser of the year - Teddy Bear Picnic! We hope you are able to join us at this community event, there is more information on the last page of this newsletter.

Alas, this is my last newsletter before heading out on Mat Leave in June - you'll hear from my term replacement in our summer newsletter, and keep an eye out for a new face here at WFRC & make sure to give them a warm welcome!

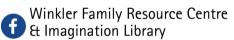
#### **Chantal Human Executive Director**



### CONTACT US

Chantal Human -**Executive Director** director@wfrc.ca (204)332-9418

### **FOLLOW** US



O@winklerfrc



### GIVE

e-transfer director@wfrc.ca Phone or Email for more options

Donations of \$25 or more are eligible for a donation receipt.

Left: Ethan & Liam colouring their school shoes in Ready, Set, Go! Right: Savannah balancing in **Growing Together** 

## REGISTRATION

Program registration begins on Monday, April 28 at 9am, and ends Wednesday, April 30 at 12noon.

You can register on our website, wfrc.ca, under the "register" tab. Confirmations will be sent out Thursday, May 1 before 5pm.

#### **OUTDOOR SHENANIGANS - MS. AMBER** (AGES 2-5)

Mondays, May 12 – June 16, 10–11 no program May 19

Play outside in a whole new way at Outdoor Shenanigans! Art and nature play stations will be set up to explore with your child at their own pace. Paint with mud, dig for worms, and use bubbles to make art together while enjoying the outdoors.

#### KIT & KABOODLE - BIG FEELINGS - MS. CHRISSY (AGES 2-5)

Tuesdays, May 13 - June 17, 9:30-11

Learn all about your emotions! Join Ms. Chrissy in reading about different feelings and doing fun activities to practice how to manage them!

#### **TODDLER SHENANIGANS - MS. CHRISSY** (AGES 2-5)

Wednesdays, May 14 - June 18, 9:30-11

Explore, create, and get messy with your child at Toddler Shenanigans. Each week a variety of sensory play and art stations will be set up for your child to enjoy at their own pace.

#### **BREASTFEEDING CLASS - TWO PEAKS CONSULTING** (EXPECTING MOMS)

#### Monday, June 2, 10-11:30

Expecting a baby and want to learn more about breastfeeding? This one hour session will go over latch, positioning, common problems, and community resources with time at the end for discussion and guestions!

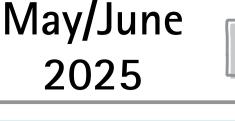
Central Region











# May/June 2025 AT WFRC

### STAY & PLAY (AGES 0-5)

Fridays, 9am-Noon (closed April 25, last day is June 13) No registration required!



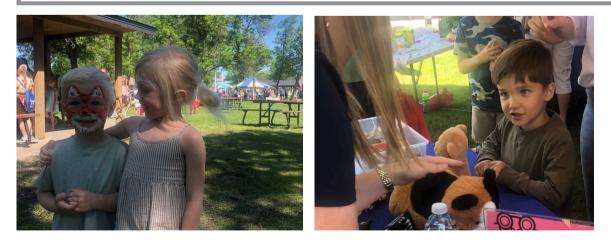
Drop in at WFRC anytime between 9am-noon to enjoy unstructured play with your child, have a cup of coffee and a snack, and delight in conversation with fellow caregivers.



**Teddy Bear Picnic – Save the Date!** Winkler's **Teddy Bear Picnic** will take place on **Saturday**, **June 7th**, 2025, 11–2 at Winkler Park! Families – join us for Winkler Family Resource Centre's biggest fundraiser of

the year! Admission is FREE! Get your teddy bear checked-up by local health care professionals!

Want to support WFRC financially? Purchase a meal at the event! Health-Care professionals – want to be involved? Email director@wfrc.ca



Photos: Teddy Bear Picnic fun in June 2024!

Board Members Wanted! Interested? Email director@wfrc.ca for more information!